



PRINCIPAL'S MESSAGE

Parkview Families,

Mr. Yates and I had the opportunity to present to the Salt Lake School Board this past week. We shared our student data and the progress our students have made over the past 4 years. We also talked about the positive school culture at Parkview and things that make our school unique. We are so proud of our Parkview Panthers. We will be providing times each month for you to come to the school and participate in a parent tips meeting to find out about our new math program and how you can support your students in their math learning at home. Our first parent tips meeting is on Thursday, September 14th at 7:30 am. Each grade level will also be inviting parents to the classroom monthly.

Community Council Membership & Elections

Parents, we want to hear from you. We are holding our community council elections for parents to be a member of the Parkview Community Council. If you are interested, please return the form or stop by the office. Your input is very valuable to us. Forms are due back to the office by September 15th and elections will be held on September 20th. Each school is required by state law to have a community council and hold regular meetings.

Our school will be participating in the World's Finest Chocolates Fundraiser at the end of September. The money from this fundraiser will help support fieldtrips, activities in the classroom,

as well as training and resources for classroom teachers. Look for more information to come home about this in the next few weeks.

-Mrs. Bergera & Mr. Yates

EUREKA MATH EVENTS

- Eureka Parent Tips on **September 14** at 7:30
- Eureka Family Math Night on **September 20** at 6:00

COUNSELING CORNER

What is a School Counselor?

There are many misconceptions about what a school counselor does. This is because there have been many changes in the position over the years. Many often regard the school counselor as a mental health professional. However, this is no longer the case. While the school counselor may help with mental health issues such as grief or anxiety, their role is to be the intermediary between the school and the mental health professionals. If we see something that we feels needs mental health support a conversation will be had with the parents to discuss options. School counselors are not therapists and do not perform therapy.

So what do school counselors do?

We work with kids to teach students skills so that they can manage emotions and grow into kind and caring human beings with huge amounts of grit and an appreciation for diversity. Most of this work occurs in the classrooms through

regular lessons on topics such as anger management, grit, and conflict resolution. Sometimes students do need a bit more support. This need is met through small groups or individual meetings. Again, these are not therapy based. These meetings are still about building skills, but provide more individualized and intensive practice. An example might be teaching strategies to calm down when nervous.

Finally, school counselors work to create and support a college going culture. We provide lessons all year that teach about what college is and why it should be on their radar. We also help to support any college programs in the school, as well as offering support and information about college to parents.

UPCOMING EVENTS

September

- 12-** Vision Screenings 8:30-11a
- 19-20** Hearing Screenings
- 20-** Breakfast w/ Superintendent
- 20-** EUREKA Family Math Night 6-7:30pm
- 25-** Chocolate Fundraiser Assembly
- 28-** Early Release
- 29-** Non-Student Day (No School)

October

- 2-** Family Dental Clinic
- 9-** Sealant Assembly
- 19-20** UEA (No School)
- 23-** Non-Student Day (No School)
- 24-** Sealant Clinic

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